

# Dr.YSR UNIVERSITY OF HEALTH SCIENCES, VIJAYAWADA

## Master of Physiotherapy DISSERTATION TOPICS for the year 2021

Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
1	A Comparative Study Of Aerobic Vs Anaerobic Exercise In Type Ii Diabetic Patients	2021	Cardio-Pulmonary
2	A Comparative Study On Copd Patients With And Without Respiratory Muscle Training	2021	Cardio-Pulmonary
3	A Comparative Study On Diaphragmatic Breathing Exercises And Pursed Lip Breathing Exercises On The Effect Of Airway Clearance Techniques On The Patients With Chronic Obstructive Pulmonary Disease (Copd).	2021	Cardio-Pulmonary
4	A Comparative Study To Find Out Efficacy Of Pursed Lip Breathing With And Without Incentive Spirometryin Patients With Copd	2021	Cardio-Pulmonary
5	A Comparitive Study Of Breathing Exercises Versus Incentive Spirometry After Mitral Valve Replacement Surgery: A Randomized Controlled Trail	2021	Cardio-Pulmonary
6	A Study To Assess The Efficacy Of Incentive Spirometry Verses Peak Flowmeter By Measuring The Peak Flow Rate In Postoperative Cabg Patients	2021	Cardio-Pulmonary
7	A Study To Findout Comparsion Between Deep Breathing Exercise And Incentive Spirometry In Patients After Cabg	2021	Cardio-Pulmonary
8	A Virtual - Reality Based Exercise Program For Stoke Rehabilitation	2021	Cardio-Pulmonary
9	An Experimental Study To Know The Effect Of Intercostal Stretch Technique On Dysponea,Chest Expansion And Quality Of Life In Stable Copd Subjects	2021	Cardio-Pulmonary
10	Comparative Efficacy Of Forced Expiratory Technique And Active Cycle Cycle Of Breathing Technique In Patients With Chronic Bronchitis	2021	Cardio-Pulmonary

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11	Comparative Study On Buteyko Breathing Techniques And Pranayama On Improving Pulmonary Function And Quality Of Life In Subjects With Copd	2021	Cardio-Pulmonary
12	Comparative Study On Cardiovascular Responses Of Repetitive Lumbar Spine Mckenzie Flexion And Extension Exercises In Lying Position On Chronic Smokers	2021	Cardio-Pulmonary
13	Effect Of Body Posiitiions On Peak Expiiratory Flow Rate And Pulmonary Functiion Test Iin Obes Subjects	2021	Cardio-Pulmonary
14	Effectiveness Of Active Cycle Of Breathing Technique And Slow Expiration With Glottis Opened In Lateral Posture [Eltgol] On Quality Of Life And Functional Capacity In Subjects With Bronchiectasis	2021	Cardio-Pulmonary
15	Effectiveness Of Autogenic Draiangе Vs Postural Draiangе In Copd Patients	2021	Cardio-Pulmonary
16	Effectiveness Of Buteyko Breathing Technique Exercises In Improving The Peak Expiratory Flow Rate On Chronic Asthma Patients	2021	Cardio-Pulmonary
17	Effectiveness Of Buteyko Breathing Technique Versus Breathing Retraining On Peak Expiratory Flow Rate And Quality Of Life In Subjects With Bronchial Asthma.	2021	Cardio-Pulmonary
18	Effectiveness Of Diaphragmatic Stretching Versus Rib Stretching On Improving Pulmonary Function And Thoracic Excursion In Subjects With Copd	2021	Cardio-Pulmonary
19	Effectiveness Of Pursed Lip Breathing Versus Buteyko Breathing Technique With Shoulder And Thoracic Mobility Exercises In Copd Subjects	2021	Cardio-Pulmonary
20	Effectiveness Of Resistance Training Versus Endurance Training To Improve Quality Of Life In Chronic Bronchitis	2021	Cardio-Pulmonary
21	Effects Of Autogenic Drainage Vs Flutter On Bronchial Hygeine & Health Related Quality Of Life In Subjects With Chronic Bronchitis. A Comparative Study	2021	Cardio-Pulmonary

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22	Effects Of Deep Breathing Exercise With Pep On Oxygenation And Pulmonary Function In The Early Period After Cardiac Surgery	2021	Cardio-Pulmonary
23	Effects Of Intensive Treadmill Exercisetraining On Cardio Respiratory Function And Quality Of Life In Patients With Pulmonary Hypertension	2021	Cardio-Pulmonary
24	Efficacy Of Incentive Spirometry With Active Cycle Of Breathing Versus Prophylactic Chest Physiotherapy ( Postural Drainage With Pursed Lip Breathing) To Increase Saturation On The Subjects Of Laparotomy To Avert Post Pulmonary Complications - A Comparative Study.	2021	Cardio-Pulmonary
25	Efficacy Of Tens And Respiratory Physiotherapy To Improve Functional Capacity In Post Thoracotomy Patients	2021	Cardio-Pulmonary
26	Six Minute Walk Testas A Predictive Measure Of Exercise Capacity On Adults With Type - 2 Diabetes	2021	Cardio-Pulmonary
27	The Comparative Study Of Endurance Exercises And Quality Of Life In Patient With Heart Valve Surgery- Randomized Control Trail	2021	Cardio-Pulmonary
28	The Effect Of Inspiratory Muscle Training And Functional Capacity In Patients Undergoing Cardiac Surgery.	2021	Cardio-Pulmonary
29	The Effectiveness Of Simulation Based Learning (Sbl) In Icu Management Among Physiotherapy Students – A Comparative Study	2021	Cardio-Pulmonary
30	The Effects Of Aerobic Exercises And Dash Versus Combined Exercise Training On Systolic Blood Pressure And Quality Of Life In Young Adults With Prehypertension-A Comparative Study	2021	Cardio-Pulmonary
31	The Effects Of Inspiratory Muscle Training On Exercise Tolerance And Health Related Quality Of Life In Pulmonary Artery Hypertension Subjects– A Randomised Controlled Trail	2021	Cardio-Pulmonary
32	A Comparative Of Efficacy Of Tens With Pnf Versus Cimt On Upper Limb In Chronic Stroke Patients	2021	Neurology

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33	A Comparative Study Of Treadmill Training Versus Parallel Bar Training With Cold Therapy As An Adjunct To Improve Gait In Spastic Cerebral Palsy Subjects	2021	Neurology
34	A Comparative Study On Effectiveness Of Motor Imaginary Technique On Improving Upper Limb Function In Middle Cerebral Artery Stroke	2021	Neurology
35	A Comparative Study On Effectiveness Of Reducing The Hamstring Spasticity On Cryotherapy And Stretching With Only Strteching	2021	Neurology
36	A Comparative Study On High Intensity Interval Training And Sprint Interval Training In Reducing Depression Among Young Adults	2021	Neurology
37	A Comparative Study The Effects Of Passive Stretching With Cryotherapy And Task Related Training With Transcutaneous Electric Nerve Stimulation On Spasticity After Stroke	2021	Neurology
38	A Comparison Between Pnf Techniques And Passive Movements To Reduce Muscle Tone And Stiffness In Chronic Stroke Patients	2021	Neurology
39	A Comparitive Study On Hippotherapy Vs.Swiss Ball To Improve Sitting Balance In Children With Cerebral Palsy	2021	Neurology
40	A Comparitive Study To Assess The Effect Of Tens Over Passive Stretching In Reducing Spasticity On Plantar Flexors In Patients With Hemiplegia	2021	Neurology
41	A Study On Forward Walking Versus Backward Walking On Balance And Mobility In Mca Stroke Subject	2021	Neurology
42	A Study To Analyse The Effect Of Functional Hand Orientation Exercises For Successful Performance Of Activities Of Daily Life In Stroke Patients	2021	Neurology
43	A Study To Analyse The Effectiveness Of Functional Electrical Stimulation In Improving Motor Control Around Shoulder In A Patient With Hemiplegia	2021	Neurology

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
44	A Study To Analyze The Effectiveness Of Task Oriented Training Unilateral Versus Bilateral In Improving Motor Abilities In Upper Extremity In Patients With Subacute Stroke	2021	Neurology
45	A Study To Compare Effectiveness Of Motor Imagery And Task Oriented Exercises On Upper Limb Motor Activity On Post Stroke Patients	2021	Neurology
46	An Experimental Study To Findout The Effect Of Partial Weight Bearing To Improve Balance And Gait In Patients With Traumatic Paraplegia	2021	Neurology
47	Association Between Cognition And Motor Defecits In Children With Restricted Repetitive Behaviours In Autism Spectrum Disorders	2021	Neurology
48	Cognitive Rehabilitation With Traumatic Brain Injury'	2021	Neurology
49	Comparing The Efficacy Of External Cue Training Versus Over Ground Skill Training To Improve Gait In Incomplete Spinal Cord Injury Patients	2021	Neurology
50	Comparison Between Proprioceptive Training Versus Dynamic Balance Exercises To Improve Balance In Diabetic Neuropathic Patients	2021	Neurology
51	Comparison Of Otago Exercise Programme Over Manual Perturbation Exercises In Improving Balance,, Function And Mobility In Elderly Subjects	2021	Neurology
52	Effect Of Action Observation Execution And Accelerated Acquisition Program Enhancing Upper Extremity Function In Chronic Stroke	2021	Neurology
53	Effect Of Balance Retraining Strategy In Improving Postural Stability And Gait Speed Among Idiopathic Parkinson Patients	2021	Neurology
54	Effect Of Neural Mobilization In Diabetic Neuropathy	2021	Neurology

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
55	Effect Of Rhythmic Auditory Stimulation And Task-Oriented Circuit Training On Improving Walking Ability In Subjects With Hemiparetic	2021	Neurology
56	Effectiveness Of Bilateral Task-Oriented Exercises And Mirror Therapy To Improve Hand Function In Hemiparetic Stroke	2021	Neurology
57	Effectiveness Of Comprehensive Therapeutic Approach In The Management Of Sonographic Structural Abnormalities Associated With Post Stroke Shoulder Pain	2021	Neurology
58	Effectiveness Of Core Stability Exercises And Physioball Exercises On Trunk Control And Balance In Post Stroke Subjects	2021	Neurology
59	Effectiveness Of Core Stability Exercises For Balance & Gait In Subjects With Acute Stroke	2021	Neurology
60	Effectiveness Of Electrical Stimulation With And Without Hand Splint On Impaired Wrist Function In Subjects With Acute Stroke: A Comparative Study	2021	Neurology
61	Effectiveness Of Mobile Based Virtual Reality Training On Improving Balance In Elderly Population	2021	Neurology
62	Effectiveness Of Motor Relearning Program And Proprioceptive Neuromuscular Facilitation Techniques On Balance And Functional Mobility In Chronic Stroke Subjects	2021	Neurology
63	Effectiveness Of Otago Exercise Program And Fall Prevention In Elderly	2021	Neurology
64	Effectiveness Of Task Oriented Exercises Versus Mirror Therapy On Hand Function In Post Stroke Patients	2021	Neurology
65	Effectiveness Of Transcutaneous Electrical Nerve Stimulation And Low-Level Laser Therapy On Hemiplegic Shoulder Pain: A Comparative Study	2021	Neurology

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
66	Effectiveness of Functional Resistance Training On Gait Speed In Spastic Diplegic Cerebral Palsy	2021	Neurology
67	Effectiveness of aerobic exercises on Cognitive function in elderly	2021	Neurology
68	Effects Of Balance Training And Postural Control In Peripheral Diabetic Polyneuropathy	2021	Neurology
69	Effects Of Physiotherapy And Occupational Therapy Intervention On Mobility And Activity In Care Home Residents A Cluster Randomised Controlled Trail	2021	Neurology
70	Effects Of Specific Vestibular Rehabilitation Program In Post Operative Vestibular Schwannoma Patients	2021	Neurology
71	Effects Of Structured Exercises Protocol In Functional Outcome Of Stroke Rehabilitation	2021	Neurology
72	Efficacy Of Forced Weight Shift Therapy To Improve The Weight Bearing Symmetry And Balance In Post Stroke Subjects	2021	Neurology
73	Efficacy Of Shoulder Tapping Verses Shoulder Sling In Prevention And Management Of Shoulder Subluxation In Subacute Stroke	2021	Neurology
74	Efficacy Of Task Oriented Training On Balance In Children With Spastic Diplegic Cerebral Palsy	2021	Neurology
75	Efficacy of Tai Chi Exercise Versus Resistance Exercise On Postural Stability In Subjects With Parkinson'S Disease	2021	Neurology
76	Testing The Efficacy Of Integrative Neuromuscular Training Verses Balance Training Intervention To Improve Postural Control In Autism Spectrum Disorder	2021	Neurology

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
77	The Effect Of Low Frequency Tens In Treatment Of Neuropathic Pain In Patient With Spinal Card Injury.	2021	Neurology
78	The Effect Of Trunk Stabilization Exercises On Unstable Surface Versus Stable Surface In Improvement Of Balance In Cerebrovascular Accident Patients	2021	Neurology
79	The Effectiveness Of Proprioceptive Neuromuscular Facilitation In Subjects With Stroke	2021	Neurology
80	The Effects Of Neuro Mobilization Technique In Management Of Lumbar Radiculopathy Subjects In Improving Adl Activities	2021	Neurology
81	To Compare Function Balance Using Berg Balance Scale Among Elderly Without Diabetes, Elderly With Diabetes And Elderly With Diabetic Polyneuropathy	2021	Neurology
82	Trunk Control Based On Bobath Technique For Mca Territory Infarct	2021	Neurology
83	A Study To Know The Effectiveness Of Soft Tissue Mobilization As An Adjunct To The Conventional Exercise In Patient With Ankylosing Spondilitis	2021	Orthopaedics
84	Comparative Study Between Mulligan'S And Cyriax Technique On Frozen Shoulder	2021	Orthopaedics
85	Effects Of Physiotherapy Management In Shoulder Impingement Synderome In It Professionals	2021	Orthopaedics
86	A Comparative Study Between Ergonomic Advices Versus Ergonomics Plus Physiotherapy Intervention In Chronic Low Back Pain Among Software Professionals	2021	Orthopaedics
87	A Comparative Study Between Mckenzie Extension Versus Cyriax Technique Along With Hydration In Prolapsed Intervertebral Disc Conditions	2021	Orthopaedics



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88	A Comparative Study Between Postural Correction And Strength Training In Improving Range Of Motion Among Females Receiving Integrated Neuromuscular Inhibitory Technique For Upper Trapezius Trigger Point	2021	Orthopaedics
89	A Comparative Study Between Resisted Isometric Exercises Versus Theraband Exercises To Improve Functional Performance In Subacromial Impingment Syndrome.	2021	Orthopaedics
90	A Comparative Study Of Hip And Knee Strengthening To Knee Strengthening In Patello Femoral Pain.	2021	Orthopaedics
91	A Comparative Study Of Muscle Energy Technique And Dynamic Stretching On Hamstring Flexibility In Healthy Adults	2021	Orthopaedics
92	A Comparative Study On Effectiveness Mulligan'S Technique With Eccentric Exercises In Lateral Epicondylitis	2021	Orthopaedics
93	A Comparative Study On To Find The Effectiveness Of Intermittent Lumbar Traction With Ift To Intermittent Lumbar Traction With Neural Mobilization In Low Back Pain	2021	Orthopaedics
94	A Comparision Between Crossbody Stretch Versus Scapular Mobilization In Periarthritis Of Shoulder	2021	Orthopaedics
95	A Comparative Study On Effects Of Static Stractching Versus (Hold- Relax) Stretching Techiniques On Flexibility Of Hamstrings To Analyse Rom Of Hipjoint	2021	Orthopaedics
96	A Study On Effectiveness Of Mckenzie Excercises Verses Core Strengthening Exercises In Chronic Low Back Pain	2021	Orthopaedics
97	A Study On Effectiveness Of Mulligan Mobilization Along With Stretching Versus Scapular Mobilization With Stretching On Pain And Improving Function In Subjects With Periarthritis Shoulder	2021	Orthopaedics
98	A Study On Effectiveness Of Muscle Energy Technique Versus Eccentric Training In Enhancing Calf Muscle Flexibility	2021	Orthopaedics

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99	A Study To Compare Mechanical Traction Versus Mobilization Of Cervical Spine In Reducing Pain And Disability In Patients With Chronic Neck Pain	2021	Orthopaedics
100	A Study To Compare Retro Walking Versus Strengthening Exercise In Reducing Pain And To Improve Functional Ability In Subjects With Osteo Arthritis Knee	2021	Orthopaedics
101	A Study To Compare The Effects Of Laser Therapy Versus Maitland Mobilization Techniques In Reducing Pain And Improving Shoulder Range Of Motion In Subjects With Adhesive Capsulitis	2021	Orthopaedics
102	A Study To Compare The Effects Of Muncie Method Of Exercise With Vastus Medialis Obliquis Exercise In Patellofemoral Pain Syndrome	2021	Orthopaedics
103	A Study To Find The Effect Of Pilates Versus Muscle Energy Technique In Osteoarthritis Of Knee	2021	Orthopaedics
104	Comparative Efficacy Of Myofascial Release Technique (Mfr) Vs Ultrasound In Chronic Tennis Elbow Condition	2021	Orthopaedics
105	Comparative Study On Effectiveness Of Ultrasound Therapy With Exercise Versus Cyriax Technique With Mill'S Manipulation In Reducing Pain In Acute Lateral Epicondylitis	2021	Orthopaedics
106	Comperitive Efficacy Of Tens And Isometrics Of Cervical Spine Muscles Versus Intermittent Cervical Traction In Clinically Diagnosed Cervical Spondylosis	2021	Orthopaedics
107	Effect Of Neuromuscular Exercises On Articular Cartilage Changes In Knee Osteoarthritis	2021	Orthopaedics
108	Effect Of Slump Stretching Versus Lumbar Mobilization With Exercise In Subjects With Non Radicular Low Back Pain : A Randomized Clinical Trial	2021	Orthopaedics
109	Effectiveness Of Cervical Stabilization Exercises On Pain And Rom In Chronic Neck Pain Patients With Forward Neck Posture	2021	Orthopaedics

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110	Effectiveness Of Conventional Therapy Aloneand Combined With Neural Mobilisation In Patients With Cervico Brachial Pain-A Comparative Study.	2021	Orthopaedics
111	Effectiveness Of Eccentric Exercises In Patients With Subacromial Impingement Syndrome	2021	Orthopaedics
112	Effectiveness Of Gong’S Mobilization Versus Scapular And Glenohumeral Mobilization On Pain, Shoulder Abduction/ Internal Rotation Range Of Motion, And Functional Disability In Subjects With Periarthritis Of Shoulder	2021	Orthopaedics
113	Effectiveness Of Kinesio Taping In Addition To Conventional Therapyin Reducing Pain And Improving Functional Ability In Plantar Fasciatis	2021	Orthopaedics
114	Effectiveness Of Mulligan’S Mobilization Technique Versus Eccentric Exercises On Pain, Grip Strength And Function In Subjects With Lateral Epicondylitis	2021	Orthopaedics
115	Effectiveness Of Muscle Energy Techniques Versus Spinal Mobilisation Techniques In Subjects Of Low Backpain With Lower Cross Syndrome	2021	Orthopaedics
116	Effectiveness Of Myofascial Release And Muscle Energy Technique On Pectoralis Minor Length In Subjects With Shoulder Impingement Syndrome: A Comparative Study	2021	Orthopaedics
117	Effectiveness Of Myofascial Trigger Point Release Therapy Combined With Self- Stretching Protocol Versus Self- Stretching Protocol Alone In Treating Patients With Unilateral Heel Pain – An Experimental Study	2021	Orthopaedics
118	Effectiveness Of Neuromuscular Reduction And Muscle Energy Technique Of Subscapularis In Subjects With Adhesive Capsulitis: A Compararative Study	2021	Orthopaedics
119	Effectiveness Of Scapular Stabilization Exercises Versus Dynamic Neck Exercises On Pain, Functional Disability And Range Of Motion On Chronic Non-Specific Neck Pain Among Male Computer Professionals – A Comparative Study.	2021	Orthopaedics
120	Effectiveness Of Shoulder Mobilization On Abduction In Dominant Versus Non Dominant Periarthritic Shoulder	2021	Orthopaedics

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
121	Effectiveness Of Snag'S Mobilization Versus Lumbar Motor Control Exercises On Pain, Range Of Motion, And Functional Disability In Subjects With Chronic Non Specific Low Back Pain Among Working Nurses	2021	Orthopaedics
122	Effectiveness Of Suboccipital Release And Instrumentassisted Soft Tissue Mobilization In Subjects With Nonspecific Neck Pain-A Comparative Study	2021	Orthopaedics
123	Effectiveness Of Taping Over Stretching And Splinting In The Management Of Club Foot(Talipes Equinovarus)	2021	Orthopaedics
124	Effects Of Proprioceptive Training Versus Muscle Energy Technique On Pain, Range Of Motion And Functional Disability In Subjects With Osteoarthritis Of Knee	2021	Orthopaedics
125	Effectsofphysiotherapyinterventionsin Frozenshoulderofdiabeticpatient	2021	Orthopaedics
126	Efficacy Of Dynamic Resistance Exercises Over Isometric Resistance Exercises On Functional Ability And Pain In Subjects With Acute Knee Osteoarthritis.	2021	Orthopaedics
127	Incidence Of Scapular Dyskinesia In Diagnosed Frozen Shoulder Conditions	2021	Orthopaedics
128	The Comparative Efficacy Of Graded Strengthening Exercises For Lower Limb Kinematic Chain Versus S.W.D ,Tens Quadriceps Isometric Exercises In Clinically Diagnosed Grade -2 Unilateral Osteoarthritis Knee.	2021	Orthopaedics
129	The Effects Of Hamstring Muscle Energy Technique And Postural Correction Exercises In People With Forward Head Posture: A Randomised Controlled Trail	2021	Orthopaedics
130	To Compare The Effectiveness Of Strengthening Of Gluteus Maximus Versus Muscle Energy Technique In Reducing Pain And Improving Function In Subjects With Sacroiliac Joint Dysfunction	2021	Orthopaedics
131	A Comparative Study Between Mulligans Mobilization With Exercises And Joint Manipulation With Exercises In Subjects With Sacroiliac Joint Dysfunction.	2021	Sports Medicine

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
132	A Comparative Study Of Static Vs Proprioceptive Neuromuscular Facilitation Stretching Of Tight Hamstrings And Its Effect On Lower Limb Flexibility, Agility And Speed Of Sprinter	2021	Sports Medicine
133	A Comparative Study On Athletes With Achilles Tendinopathy To Know The Effectiveness Of Controlled Tendon Loading Exercises With And Without Phonophoresis By Taking Symptoms As Indicators	2021	Sports Medicine
134	A Comparative Study On Strengthening Transverse Abdominis As A Key Muscle For Core Strengthening Versus General Fitness Training To Prevent Low Back Injuries In A Triathlete.	2021	Sports Medicine
135	A Study On Effectiveness Of Sports In Patients With Cardiovascular Disease	2021	Sports Medicine
136	A Study To Analyse The Effectiveness Of The Cyriax Versus Mulligan'S Manual Technique In The Management Of Lateral Epicondylitis	2021	Sports Medicine
137	An Experimental Study To Know Effectiveness Of Met To Improve Quadriceps Flexibility, To Reduce Pain And To Improve Knee Function In Jumpers Knee	2021	Sports Medicine
138	An Experimental Study To Know The Effectiveness Of Abdominal Muscle Strengthening In Improving Pain And Function In Athletes With Patella-Femoral Pain.	2021	Sports Medicine
139	An Inside Look At'Swimmers Shoulder': Antero-Superior Internal Impingement (Asii)'A Cause Of 'Swimmer'S Shoulder'	2021	Sports Medicine
140	Comparative Study Between Isometric And Isotonic, Isometric Exercises Programs Reduce Pain In Athletes With Patellar Tendinopathy In Season	2021	Sports Medicine
141	Comparative Study Between The Effectiveness Of Bowen Technique And Dynamic Soft Tissue Mobilization In Increasing Hamstring Flexibility	2021	Sports Medicine
142	Comparative Efficacy Of Core Strengthening Versus Intensive Dynamic Exercises In Chronic Low Back Pain In Athletes	2021	Sports Medicine